

GREATER WESTERN USA REGION (REGION 2)

*Building RELATIONSHIPS BETWEEN Adult Children, meetings,
and Intergroups in the western United States*

MINUTES 30 JANUARY 2025



*Zoom ID: 892 0095 8890 Passcode Computer: **Region 2**; Passcode
Phone: 1425736*

<https://us02web.zoom.us/j/89200958890?pwd=bEhzOWQ3WmdvV25Sc3VSVytQOVR4Zz09>

Open with the ACA Serenity Prayer at 7:05 p.m. Pacific Standard Time.

Roll call - Present were: Roger, Kaz, Jim, Carole, Pam
Quorum: Met

Visitors: Chris D, Washington State Intergroup;
crdussourdi@gmail.com

Minutes of December 26, 2024: Moved by Carole, Seconded by Kaz,
Minutes Approved

Officer Reports

Chair - Roger: Sent out agenda; reached out to Cathy

Vice Chair – Kaz: Nothing to report

GWU Rep to WSO – Kaz:

Cathy is the delegate from the Region; Kaz is the delegate for his Intergroup

Executive in Charge of the Entity – Carole: Wells Fargo will be sending e-mails of account to treasurer@GWURegion.org

Treasurer - Jim: Jim will be sending out thank you notes for donations

Opening Balance on: 12/31/24		\$12,007.94
Donations & Credits – Zelle	+	\$ none
Bills Paid & Debits –		
Adobe (Pdf Reader)	-	\$ 19.99
Name Cheap (Website hosting)	-	\$ 44.88
Closing Balance on		\$11,943.07
Prudent Reserve	-	
\$ 1,500.00 (<i>increase this?</i>)		
Available Balance		\$10,443.07

Recording Secretary - Pam: Pam took December Minutes & sent them to the Chair; doing Jan. minutes

Old Business – Committee Reports

Informational Technology – Jim (with Carole & Pam) – Website:

- Meeting twice a month
- Maintaining website
- Updating posted events
- Added trifold for downloading
- Currently have a problem downloading workbook; Chris D. will assist
- Traffic on website: Total visitors – 6,400; total visits – 18,000; past 30 days visits – 4,000

Informational Technology – Carole – Zoom Accounts:

No report

Newsletter – Cathy:

- Cathy is absent
- Need update on quarterly newsletter
- Cathy has updated database and as such is to send out the monthly agenda provided to her by the Chair to all email addresses on database; Roger will contact Cathy about this
- Cathy has said that the program she uses takes a long time to send out a mailing; MailChimp is \$20 a month up to 500 addressees; we will research this further to simplify the mailing process

Special Events – Vacant (Pam is temporary – need Chair):

- Flyer with times and dates of PowerPoint workshops will be presented at the Feb. Region meeting; workshops will be on the 3rd Sunday of each month at 11 pm Pacific; they will begin in March
- We have upcoming Marathons tentatively scheduled with Massachusetts IG for Mother's Day and Father's Day; we need commitment from Brigitte or someone to do IT for them

- Given a second channel on the Region's Zoom account, we can begin doing monthly workshops using the available PowerPointPoints that Pam created; Carole said in Dec. 2024 she would research the cost

Literature – Carole

Carole is contacting Eriko and Mardi (Montana) to invite them to be on the editing team for the Reparenting My Inner Child workbook

Intergroup Reports

Central Coast ACA (IG076) – Jim:

- Intergroup website has been launched and is live: ccacaig.org
- IG website is less detailed than the Region 2 website but has some of the same features
- Some meetings are not sending representatives to IG meetings
- Need volunteers, especially need someone to do outreach to meetings
- Our monthly meetings are on the first Tuesday of each month at 7 pm Pacific

So Cal ACA (IG630) – Libby:

- Their website currently says it is not accepting donations; we need to contact them for IG update

Washington State ACA (IG595) – Kaz:

- We just established a scholarship fund for individuals to apply for funding to attend local area events
- Our meetings are held on the last Wednesday of each month at 7 pm Pacific

New Business

Monthly Workshops

- Workshops will take place at 11 am – 12:30 pm Pacific on the third Sunday of each month
- Workshops will commence in March
- Pam will coordinate with Carole for Zoom space for these workshops
- Pam will present the flyer of topics, time, and dates of topics at the next Region meeting

Add Channel to Region Zoom

- Dec. 2024 decision: We need a dedicated Region channel for periodic Marathons and monthly workshops; Pam moved, Kaz seconded to research this topic for process to add a channel and costs, motion passed; Carole will research this

Donor Box App for 7th Tradition Donations

- Jim will look into Donor Box and present information next month

MailChimp App for Mass Mailings

- Pam will present more information and perhaps a proposal at the next Region meeting on the cost, the process to get an account, and what we get for our money

Motion to Adjourn: Carole moved, Kaz seconded, motion passed

Closed with the Serenity Prayer

Adjournment 8:19 pm

Next Meeting: 27 February 2025 at 7:00 pm Pacific USA time