

GREATER WESTERN USA REGION (REGION 2)

*Building relationships between
Adult Children, meetings, and Intergroups
in the western United States*

Unapproved MINUTES 28 AUGUST, 2025



*Zoom ID: 892 0095 8890 Passcode Computer: **Region 2**; Passcode Phone: 1425736*

<https://us02web.zoom.us/j/89200958890?pwd=bEhzOWQ3WmdvV25Sc3VSVytQOVR4Zz09>

Open with the ACA Serenity Prayer at 7:04 p.m. Pacific Time.

Roll call - Present were: Roger, Kaz, Carole, Jim, Cathy, Pam, Willa, Marjia, Elisa, Steven C

Quorum: Met

Visitors: Brett (Adelaide, Australia), Sophie (Claremont meeting), Sandy M

Minutes of June 26, 2025: Moved by Carole, Seconded by Roger

Minutes were APPROVED

Minutes of July 31, 2025: Moved by Carole, Seconded by Elisa

Minutes were APPROVED

Officer Reports

Chair - Roger: Worked with Willa to fill out the paperwork to secure the WSO 30% discount on literature; finally got it all in; instructions need to be clearer

Vice Chair – Kaz: Nothing to report

GWU Rep to WSO – Kaz: Next Delegate Meeting is September 27, 2025; New Chair of WSO Member Services Committee, Courbet, has submitted paperwork to change the WSO Recertification much easier; Pam doubted the legitimacy of Certification/Recertification since WSO is a service board directly responsible to us, not us to them. Question asked if European Committee that is a Region is still being fully funded by WSO.

Executive in Charge of the Entity – Carole: This position exists to fulfill bank requirement to have but one contact in the Region for the life of the account. Carole picks up mail containing donations, deposits them, pays bills, and works with the Treasurer.

Treasurer – Jim: Developing budget; awaiting Editing Team's estimated costs to publish the Reparenting My Inner Child workbook. Will be adding annual expenses. Jim's report is attached. Carole moved, Kaz seconded motion to pay up to \$100 to IT contractor to fix website glitch that requires users to input their e-mail addresses in twice in order to download a free copy of Reparenting My Inner Child workbook. Motion passed.

Recording Secretary - Pam: Pam is filling in; we need a permanent Recording Secretary.  Help!

Old Business

- Intimacy paper – Tabled until next meeting
- Survey – Tabled until next meeting

Old Business – Committee Reports

Informational Technology – Website: Jim gwuregion.org

- DonorBox – Donations are coming in; Jim will look into adding QR code for DonorBox
- Added Items – Events flyers
- Traffic on website: Total visitors – 28,600; total visits 15,563; past 30 days visits – 5518

Informational Technology – Zoom Accounts:

We have upgraded to a business account to allow meetings to take place at the same time. It is proving helpful. Carole attends meeting to ensure their safety from Zoom bombers. She now gets e-mail addresses upfront before admitting participants.

Database – Pam

- MailChimp – up to 500 recipients – we have about 440; and up to 1000 e-mails (2 mailings per month)
- Need help with MailChimp as to how to upload full text pages – Help! Doing old-school mailing now; we do have FREE account with MailChimp, so money not wasted.
- Roger will contact someone he knows who uses MailChimp regularly

Newsletter – Cathy: Eriko approved of the Puppet workshop information in the newsletter; Kaz suggested an article be written for the newsletter, “What Does the Region do for Meetings and Intergroups.”

Special Events – Vacant (Pam is temporary – need Chair):

**Workshops are from 10-11:30 Pacific USA time; Zoom 693 435 4367 Passcode 123456*

- *Workshops – August 17 – 12 Traditions – Pam
- *Workshops – September 21 – Dealing with Difficult People – Carole
- *Workshops – October 19 – 12 Concepts - TBA
- Thanksgiving Marathon on Thursday, November 27, 2025
- Christmas Marathon on Thursday, December 25, 2025

Literature – Carole

- Progress on Editing the Reparenting My Inner Child Workbook – Core group includes: Carole (Central Coast CA), Brett (Australia), Cathy (Los Angeles), Steven (WA). They are researching the costs of publishing e-books and hard copy. They have found that e-books have very specific layout requirements At this time Kindle looks to be an attractive option.

New Business - Proposals

Region – Jim, Cathy

- Region – Conference Approval of Laundry List workbook
- Region – ABC Delegates Approve the Budget for all New Literature Projects
- Region – Change the OPPM for WSO Use Only
- Region – Input by WSO on Proposals to be published at a Different Time than with the Mass Mailing

SoCal Intergroup - Stephen

- SoCal 630 – Sell Fund-Raising Items that Engender Pride in Program

Central Coast ACA Intergroup - Pam

- CCACAIG – Create Booklet Explaining Inverted Pyramid in ACA
- CCACAIG – Create Booklet Determining What “Large Matters of Policy & Finance” Are (Concept 6)
- CCACAIG -- Create Six Inventories Booklet (Personal; Family-of-Origin; Meeting; Service Board; Service Board Committee; & 4th Step)
- CCACAIG – Worldwide Delegates Pass Proposals; ABC Delegates Discuss Implementation
- CCACAIG – Create Sponsorship Booklet focusing on 12 Steps, Becoming Loving Parent, & Life Stage Navigation

Intergroup & Meeting Reports

Central Coast ACA (IG076) – Jim: All is going well; website is improving (ccacaig.org)

Orange County – (IG 620) - Dan L: Absent; e-mail said he was developing workshop on Intimacy paper we sent out

SoCal ACA (IG630) – Elisa: Not at last IG meeting; will attend next time; will be able to report here

Washington State ACA (IG595) – Kaz: Met last night. Discussed ways to grow attendance, how to support local groups, rules at meetings, outreach to get affiliation from existing meetings; we have a transition happening.

Sacramento Meeting #CA_____ - Marjia: Trying to increase attendance and get delegates from our meetings; considering becoming an Intergroup; Picnic scheduled for tomorrow; our thanks to Willa and Roger for doing the paperwork to get a 30% discount for WSO literature that our Region will benefit from.

Concerns None

New Business for Next Month

- Proposals – Cathy
- Group Survey

- Delegate Meeting 9/27/25

Motion to Adjourn: Pam moves, Carole & Elisa second, motion carries

Close with the Serenity Prayer

Adjournment: 8:45 pm

Next Meeting (last Thursday of each month): 25 SEPTEMBER 2025 at 7:00 pm Pacific USA time