



MINUTES 15 Sept 2018

Greater Western USA Region
 11:00 am – 12:30 pm, Pacific Daylight Time
 VIA Teleconference Call: (605) 472-5354
 Access Code: 861824#

Greater Western USA Region is building relationships between adult children, meetings, and intergroups in the western united states.

Chair, Carole, open with traditional Serenity Prayer

Note to all New Region Reps: Send by email to gwuregion@gmail.com:

1) *The Minutes of the business meeting at which the Intergroup voted to appoint you as representatives to Greater Western USA Region (aka GWU, GWURegion, & Region #2)*

2) *signed Commitment to Service**

3) *Representative form**

*Find in Docs on GWU's Google Drive or request by email at gwuregion@gmail.com.

Roll Call of Board (GWU Officers and Regional Reps): Rich, Rosalie, Carole, Guy, Channen

Visitors: Denise, Mardi, Laura

Phrase of the day: *Treat Yourself Like a Precious Child.*

Officer Reports

Chair - Carole: To your right is a list of our Board Officers. If you have been appointed a Regional Representative (RR) by your Intergroup, please give yourself an opportunity for growth by becoming an Officer of the Board.

July 22 & Aug 18 minutes approved

Treasurer - Chair Rosalie: Refer to separate document

BOARD MEMBERS & COMMITTEES

GWU BOARD OF DIRECTORS:

Board Officers:

Chair: Carole IG#076 WSO Rep

Vice Chair: RR Needed

Secretary: RR Needed

Treasurer: Rosalie IG WA#595

Other Board Directors:

Guy D. CA IG#630

Channen IGCO#

Rich IG#NM033

Mardi IG#MT026

VOLUNTEERS AND VISITORS::

Brie #ID038

Terry #AK020

Denise #AK021

Mardi #MT026

Laura #OC#620

Report accepted
Motion to allow Carole to retrieve her \$100
Guy 2nd
Motion to allow Rosalie access
Guy 2nd

Secretary - RR Needed; or **Acting Secretary** (a volunteer position)

Mardi will transcribe the minutes for today.

Committee Chairs Reports*

*Non-RRs and Volunteers may fill the empty positions.

Literature Chair: Volunteer or RR Needed -

H&I Chair: Volunteer or RR Needed -.

Archivist: Denise Meeting #AK021 -

Member Outreach Chair: Volunteer or RR Needed -.

Member Outreach Committee member: Laura IG#620:

Special Events: Volunteer or RR Needed -

Rosalie suggested looking for ideas

Website www.gwuregion.org: Chair, Guy (IG# 630) -

Guy is doing all kinds of whiz bang stuff. Google Maps for use on a site requires a credit card. Carole will make the GWU card available. Q&As and thanks & praise.
Guy moved to purchase premium version of the PoleStar Template for WordPress for \$25.
Rosalie 2nd : P/U

Intergroup and Meeting Event reports: Let us know what is happening in your area regarding events, committees, information, or questions your group has. Keep the report to 2 to 3 minutes. We will answer any questions at the end of the meeting. Keep the reports brief: 2 to 3 minutes please.

To Do: Rosalie: Connect Mardi comline1@adultchildren.org to Andy for Intergroup literature discount information.

Old Business:

Note: I got distracted last month and we did not vote on the following motion last month. We all assumed it passed. :)

Motion: Open a PayPal account and put it on the website

Second: Laura

Discussion: Q&A & discussions: P/U

Action:

To do list:

1. Finalize “What is a Region?”

What is a Region?

The service network of Adult Children of Alcoholics is membership driven. Local meetings band together to form Intergroups. Intergroups join in forming Regions. Regions elect World Service Representatives who are then seated as Trustees on the Adult Children of Alcoholics World Service Organization Board of Trustees. ACA WSO Trustees direct the business activities of the World Service Organization for the membership.

The Greater Western USA Region (GWU Region) is the first region to be resurrected after ACA meetings dwindled in the early 1990s, and Regions and most Intergroups dissolved.

GWU Region is an ACA WSO sanctioned organized assembly of unpaid Intergroup and meeting volunteers, who devote their time, talents, and enthusiasm to help ensure that our ACA program thrives. It is part of an ACA outreach network for ACA members and all ACAs who still suffer. Ideally every ACA Intergroup and unaffiliated meeting in Alaska, Hawaii, Washington, Oregon, California, Nevada, Arizona, Idaho, Montana, Wyoming, Utah, New Mexico, and Colorado will have an active GWU Regional Representative (RR) that attends the monthly GWU Region meetings and participates in them. Your GWU Region is funded thru donations by individual ACAs, ACA meetings, and ACA Intergroups.

GWU Region provides numerous services and networking to the region’s Intergroups and meetings by:

- Serving as a comprehensive news and information source for ACA Intergroups and meetings with no IG.
- Carrying the message to those who still suffer
- Assisting and supporting Intergroups and meetings in the region
- Organizing and facilitating regional forums, service workshops, and gatherings each year
- Pursuing other events that benefit ACA and recovery around the region
- Networking and exchanging ideas with other Regions for ideas and the betterment of the program
- Funding and maintaining this website: GWURegion.org
- Developing and distributing materials that help ACA’s spread the word
- Serving as a news network between ACA Intergroups, meetings, and members
- Reminding Intergroups and unaffiliated meetings of their expired or defaulted WSO meeting listings
- Providing resources to Intergroups and unaffiliated meetings
- Helping communication between Intergroups and unaffiliated meetings in the region
- Helping Intergroups grow meetings in their areas
- Facilitating the donation of books and literature to libraries, high schools, hospitals, indigent treatment centers, and correctional facilities
- Ensuring ACA is represented in public media and recovery publications.
- Electing one of GWU’s Regional Representative’s to be seated on the ACAWSO Board of Trustees to further ACA’s growth and help shape policy. Only one of the Regional Representatives of the GWU ‘s Board of Regional Representatives can be elected to be the WSO Representative from GWU.
- Provide support and encouragement to other regions as they develop in ACA.

In addition to the need for your attendance at our monthly teleconferences, the above important services can function much more effectively with your assistance. This can take any form. Examples might be: assist communication between groups and intergroups, participate in committees, and/or 7th Tradition donations.

As the ACA program experiences its renaissance, it is more important than ever that your group participate in our monthly teleconferences to support and provide the cohesiveness within ACA that is needed in our effort to encourage and strengthen growth of the ACA program in our greater western United States region, which in turn strengthens our worldwide ACA organization.

Motion: Approve “GWU Region is?” as written

Second: Laura IG 620

Discussion:

Action: P/U

2. We assigned each of five volunteers a western State that has few meetings and no Intergroups in it. We were to contact each meeting and let them know we are available for questions and assistance. What progress have you made?
 - i. Montana - Rosalie - Gathered the list of meetings and contact information. Mardi is in Montana and it is having its first retreat ever in Montana.
 - ii. Wyoming - Carole - Done. See June Minutes. Followed up this month by looking on the website to see if any meetings have been added or deleted. They have not.
 - iii. New Mexico - Rich -
 - iv. Utah - Laura - Done. See June Minutes. Follow up?
 - v. Idaho - Guy -

3. Work on our Mission Statement.

- a. Here is what is on our GWU website at this time:

Regional Service Committees are part of the Adult Children of Alcoholics and Dysfunctional Families service structure that support the membership. This ACA service structure includes meetings, Intergroups, Regions, and the World Service Organization (WSO).

Put the Region statement here on the website and eventually the Mission statement as well.

- b. **Here is our Vision Statement:** *Building relationships between adult children, meetings, and intergroups in the western united states.*
- c. **Remember:** For the Mission statement, we need three or four sentences that describe who we are, what we want to do, and why we want to do it. If it is too long, people won't read it.

4. ***Volunteer to make this happen:*** Put Survey Monkey questions up on the website and or email blast to IGs and unaffiliated meeting.
 - a. What does your Intergroup do for your meetings?
 - b. Does your Intergroup have a contact sheet to keep track of contacts?
 - c. What do you think a Region is?
 - d. What do you think a Region does?
 - e. How is your Intergroup work willing with the Region?
 - f. What does your Intergroup want to ask the Region?

5. **Laura - to give us a short presentation** on how to get on the GWU Google drive to look at the ABC 2019 folder that contains the Draft and working copy of the Annual Report for 2018 to be presented to WSO for inclusion into the reports for the ABC in Sweden in 2019.

New Business:

Ideas for next agenda:

Date Next Meeting: Saturday, October 13, 2018 at 11:00 a.m. Pacific Daylight Time.

Adjourn the Meeting with ACA Serenity Prayer 12:50 p.m.